

Reckoning The Examinophobia

On June 6, 2024, Karpaga Vinayaga Institute of Dental Science hosted a program titled "Reckoning the Examinophobia" to address exam-related anxiety among students. The event aimed to create awareness about examinophobia, its causes, and its effects on academic performance and mental well-being. Renowned experts and faculty members shared valuable insights and strategies to help students manage exam stress and build confidence, covering topics such as understanding root causes, developing coping mechanisms, building resilience, and creating a supportive environment. The program is well-received by students, faculty, and staff, and is expected to have a positive impact on the academic community.



Chengalpattu, TN, India
Maduranthakam, Chengalpattu, 603308, TN, India
Lat 12.592463, Long 79.911381
06/06/2024 05:35 PM GMT+05:30
Note : Captured by GPS Map Camera



Chengalpattu, TN, India
Maduranthakam, Chengalpattu, 603308, TN, India
Lat 12.592450, Long 79.911577
06/06/2024 11:11 AM GMT+05:30
Note : Captured by GPS Map Camera



Chengalpattu, TN, India
Maduranthakam, Chengalpattu, 603308, TN, India
Lat 12.592474, Long 79.911499
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Note : Captured by GPS Map Camera



Chengalpattu, TN, India
Maduranthakam, Chengalpattu, 603308, TN, India
Lat 12.592441, Long 79.911356
06/06/2024 05:35 PM GMT+05:30
Note : Captured by GPS Map Camera